



## A NEW Publication of Smart Start of Butler County

### “Our Time: Dad & Me” Events for June

Butler Dads announce the 3rd Annual “Our Time: Dad & Me” events in June to celebrate Father’s Day.

The events are for children and the dads, grandfathers, uncles, and other male parenting figures in their lives. Although activities are geared toward children 2 to 11 years, any age of child is welcome to attend with their dad.

Children who attend can choose from a variety of crafts. There will be snacks, story time, and gifts for Dad.

To RSVP for the event, contact Audra at 320.1342.

#### Fast Facts

Time: 10 am—11 am

**June 4:** Augusta Public Library; 1609 State

**June 4:** Swiss Church Annex; 125 S. Oak; Whitewater

**June 11:** Bradford Memorial Library; 611 S. Washington;  
El Dorado

**June 18:** Andover Public Library; 1511 E. Central

**June 25:** Rose Hill Public Library; 306 N. Rose Hill Road



#### A Community- Based Newsletter

Volume 1, Issue 2

Friday, June 3, 2011

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### Parental Behavior Related to Kids' Sleep

A new study conducted at Oregon State University found that couples having marital difficulties may have infants who are losing sleep and the issues may have a continuing impact. The study shows that when marital instability occurred when a child was nine months old, the same child

had sleep problems at 18 months old. The study is important because it shows that marital discord impacts children earlier in their development than previously thought. If sleep problems persist, this can correlate with problems in school, in attention and behavioral issues.”

For information couples counseling, contact the **South Central Mental Health Counseling Center** at 321.6036.



#### What will we name it?

We are excited about this new publication for Butler County Early Childhood Professionals and the families they serve. What should we name it? Email your suggestions to Smart Start Coordinator, Audra: [akenneson@rui.org](mailto:akenneson@rui.org)



## Upcoming KDHE Approved Trainings for Providers

### Heart Saver CPR

When: Saturday, June 25

Time: 8 am—Noon

Where: Augusta Dept of Public Safety

Cost: Free—Paid for by Smart Start

Instructor: Troy Jelison



### Heart Saver CPR

When: Saturday, July 23

Time: 8 am—Noon

Where: BCC Welcome Center

Cost: Free—Paid for by Smart Start

Instructor: Troy Jelison

### Heart Saver Pediatric First Aid

When: Saturday, July 23

Time: 1 pm—4 pm

Where: BCC Welcome Center

Cost: Free—Paid for by Smart Start

Instructor: Troy Jelison

**To register, contact Audra at 320.1342 or [akenneson@rui.org](mailto:akenneson@rui.org)**

### Heart Saver Pediatric First Aid

When: Saturday, June 25

Time: 1 pm—4 pm

Where: Augusta Dept of Public Safety

Cost: Free—Paid for by Smart Start

Instructor: Troy Jelison

Teresa Thompson (BCC) and Earlene Bogart (EduCare) refreshed their skills at the CPR/First Aid training day offered by Smart Start of Butler County in November 2010.

## Upcoming Trainings by Community Partners

### Day Care Orientation Training

Information about the licensing regulations and what you need to do to become a licensed child care provider will be given at these free trainings, by the Butler County Health Department. For more information contact Jamie Downs at 320.0365. Upcoming dates: June 17, July 15, August 19, September 16

### Child Start Trainings in Butler

When: June 13; 6:30pm -8:30pm

Title: Adventurous Group Games for School Age Students: The Mind of a Student

Where: Butler County Health Dept.

Cost: \$18

Instructor: Annette Green

When: July 11; 6:30pm -8:30pm

Title: Adventurous Group Games for School Age Students: Active Social Play

Where: Butler County Health Dept.

Cost: \$18

Instructor: Annette Green

For more information about Child Start trainings contact 682.1853.

## Partnership Featured in National Publication

The partnership of the Butler Community College Association of Early Childhood Educators (BCCAECCE) and Smart Start of Butler County was featured in the May 2011 issue of *Young Child*, the Journal of the National Association for the Education of Young children.

The journal's article, "Turning College Students into Leaders in Early Child-

hood Education," gave examples of how BCCAECCE benefits Butler County by holding trainings, volunteering for activities to enhance the lives of young children, and partnering with programs like Smart Start to provide staff support at trainings. The article also mentions the financial opportunities Smart Start offers to BCCAECCE. Congratulations to the members of BCCAECCE for this recognition of your good work.



BCCAECCE

## 5 STEPS to Finding the Right Child Care Program

- 1. Explore** Know your options. Choose the setting that best meets your needs
- 2. Evaluate** Consider your preferences. What is your child's individual learning style?
- 3. Observe** Visit at least three programs before making a final decision. Interview prospective providers and talk to everyone who will be involved in your child's care. Spend at least 30 to 60 minutes at each interview. Ask program specifics: schedule, activities, discipline methods, meal service, fees, and contracts. Take your child with you to see if the program is a good fit for him/her. Pay attention to any uneasy feeling you may have.
- 4. Decide** Use a quality care check list (provided by Child Start) and make notes during the interviews. Most of all trust your instincts. Keep in mind that expensive care does not always guarantee the best program and less expensive programs do not necessarily mean poor programs.
- 5. Follow UP** Visit the child care program any time your child is there. This is one way to monitor the quality of care your child is receiving. Remember you have the final responsibility for your child's care and have the right to change providers if you are concerned about your child's well-being or happiness.

For more information about finding the child care program that is right for you and your child, contact **Child Start** at 316.682.3962 or go to the website at [www.childstart.org](http://www.childstart.org).



## Upcoming Community Activities



### Family Movie Night

Andover Public Library will have Family movie nights on June 9, June 23, July 7 and July 21 at 6:00. Popcorn and drinks are provided! **Gnomio & Juliet** will be shown on June 9. For more information call 558.3500 or visit [andoverlibrary.org](http://andoverlibrary.org).

### Summer Reading Programs

Check with your local libraries to learn more about their Summer Reading programs! Read with your children!

Andover Public Library

558.3500

Augusta Public Library

775.2681

Bradford Memorial Library

321.3363

Douglass Public Library

746.2600

Potwin Public Library

752.3421

Rose Hill Public Library

776.3013

Towanda Public Library

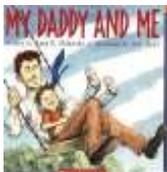
536-2464

Whitewater Public Library

799.2471

## Smart Start Lending Library

There are new titles in the Smart Start Lending Library!



**My Daddy and Me** is a board book about the great things a dad can do with his child. Each drawing shows a different father and child playing, exploring, working, and talking, and loving each other.

**Baby Babble** (DVD) is made by speech pathologists and designed to expose children to early developing sounds and words that lay the groundwork for future communications. The simple sign language incorporated into Baby Babble provides children who know what they want to say with a bridge for communication until they acquire

the skills for spoken language. Facial exercises encourage imitation and develop muscle coordination for sound and feeding development. A parent tutorial is included and answers questions parents may have about their child's speech development.



## Would You Like to BE A FRIEND OF RAINBOWS?

Be a Friend to a child with special needs and bring potential to life today. With more than 3,400 children reached annually, your friendship will create bright futures for families striving to provide their children the best start in life. Pick a friendship level that fits your giving wishes and fund a parent's peace of mind, a child's first step of independence, a mother's need for hands-on help, or a father's ability to work.

If you have a young child in Butler County, or you provide services to

young children in Butler County, and you benefit from the services of Bright Beginnings or Smart Start of Butler County, you benefit from the services of Rainbows United, Inc. You can support Rainbows and allow the wonderful services you have received to continue. To find out more visit: [www.rucfoundation.org](http://www.rucfoundation.org)



## Treasure the Incredible Years

How much time do you spend playing with your child? Although watching your child play sports or talking to your child as he plays and you do chores both have a positive impact on your relationship with your child, neither impact your relationship with your child as much as one-on-one, uninterrupted, child-led play. "Play helps to build a warm relationship and strong attachments between family members and to create a bank of positive feelings and experiences that

can be drawn upon in times of conflict" (*Incredible Years*). Your children learn through play; they learn to problem solve, explore their imaginations, engage in social/emotional interaction, and develop feelings of self-worth and competence. Pace your play according to your child's tempo. If your child wants to linger over a puzzle, or move from dolls to blocks in a matter of minutes, follow his lead. This is the one time in your child's world when he

is in control. While your child plays talk about colors, sizes, shapes, sounds, and feelings or just sit quietly with them. One-on-one play for 10-15 minutes EVERY DAY will foster a stronger bond with your child and bring out positive behavior in him.

Cleaning your house while your kids are still growing up is like shoveling the walk before it stops snowing. ~Phyllis Diller

## El Dorado Adults with No Dental Insurance



Do you have emergency dental needs: abscess tooth, loose or missing fillings, or large cavities? Mid Kansas Community Action Program, Inc. and United Way of El Dorado will provide

vouchers for those with severe dental needs requiring emergency dental treatment. Vouchers will be taken to participating local dentists or clinics for treatment.

The maximum value for the vouchers will be \$400. Services are limited to 15 individuals on a first come/first served basis. Individuals will be screened for severity of need. Bring

two forms of identification and proof of three months income.

**June 18, 2011 ~ 9:00 am to Noon**

**United Way of El Dorado**

226 S. Main ~ El Dorado, KS

Call **Mid Kansas Community Action Program** at 775.3000 with any questions.